

Women in Leadership

Mentorship Program

The Women's Foundation is now accepting nominations and applications for mentees of the Women in Leadership Mentorship Program. Female Hong Kong residents aged 21-35, who are currently working and aspire to be in a leadership position in the future, are welcome to apply.

The Program consists of 3 components: 1. One on One Sessions – Direct interaction and communication between a mentor and a mentee to discuss various topics relevant to the mentee's interest and career plans. 2. Speaker Series – An interactive platform for participants to learn, discuss and share their own ideas and experiences on various issues related to specific themes/topics. 3. Community Outreach – An opportunity for mentees to share and contribute to a chosen Hong Kong group/community in need.

The program's aim is to help increase the share of women in high level roles and positions who are sensitive to the needs of others especially women in different fields.

Interested parties please submit the mentee application form with updated CV **on or before January 23, 2009**.

[Download Application Form](#)

http://www.thewomensfoundationhk.org/upload/Mentee_Application_Form_3.doc

[Download Program Information](#)

http://www.thewomensfoundationhk.org/upload/TWF_Mentorship_Program_Info.pdf

Women in Poverty Program

“Personal Enrichment”

Financial Education & Personal Development Training for Low Income Hong Kong Women

The Women's Foundation is collaborating with a+b=3 Ltd. to develop modules on financial education and personal development targeted to help low income Hong Kong women gain control of their lives and finances. After a series of focus group discussions and surveys with its target participants, the modules drafted were presented to the Advisory Committee composed of representatives from selected NGOs, members of the academia and government agencies for their input. Upon further refinement and adaptations, local NGO partners were identified and their staff were trained to run the pilot trainings in three districts in HK.

The training includes the following components: 1. How to increase self confidence, communicating and negotiating effectively; 2. Setting financial goals and working to achieve it; 3. Different ways to increase income; 4. Basic information about their rights, roles and privileges as women.

Local NGO Partners running pilot trainings include the HK Federation of Women Centres, Society of Community Organizations and Evangelical Lutheran Church – Social Service Unit.

The sessions have been well received. Some quotes from participants are listed below: "I learnt a lot of things, it's very good, have confidence, manage time..." "I have more confidence in my ability to do things, I have goals, I have a plan." "I have confidence in myself."

The Women's Foundation hopes to roll out the training in other Hong Kong districts in the future after further fine-tuning the course contents and delivery formats.

Download Program Information

http://www.thewomensfoundationhk.org/upload/Final_FLPDE_Program_Info.pdf

Girl's Program

"A Girl's Life" Film Making Workshop

Thirty selected students completed the series of film-making workshops facilitated by professional film makers from Focus on Film. The final list came out after sixty shortlisted students among 120 applicants from different schools all over Hong Kong attended the initial workshop and interview during the program launch on 24 October 2008 at the HK Visual Arts Center.

Students are now finalizing scripts and beginning production work. They are divided into three groups and will come up with three different stories to reflect "A Girl's Life" in narrative, documentary and experimental form. All films produced will be screened in various venues and will be used as educational and orientation materials to raise gender awareness.

The initial public screening is set on 15 March 2009 as part of The Women's Foundation's celebration of International Women's Month.

Download Program Information

http://www.thewomensfoundationhk.org/upload/Focus_on_Girls_Program_Info_1.pdf