

Dear TWF friends



Leading with Courage

"A leader takes people where they want to go. A great leader takes people where they don't necessarily want to go, but ought to be." - Rosalynn Carter, former US First Lady

Hong Kong has been weathering the coronavirus storm with resilience and solidarity. However, the end date is still unknown and in the past week we have seen an upsurge in COVID-19 cases which is concerning. The global outlook is even more grim – 197 countries are now reporting cases with a wide disparity in how, and to what extent, governments are implementing containment measures. We hope you are coping with the ongoing stress and strain that this situation places on all of us. TWF is aiming to stay positive and inspiring women around the world are helping us to do that.

Now that COVID-19 is escalating beyond Asia, female leaders of nations in other parts of the world are coming into focus for their decisive and empathetic response to this crisis, which has helped to limit its spread. Leaders like Jacinda Ardern in New Zealand and Sanna Marin, Finland's Prime Minister who leads an all-female coalition, have been praised for making tough and timely decisions around health, travel restrictions and finance for their countries.

Ardern, in particular, is known for her 'politics of kindness' and her outstanding communication skills, which have seen her guide New Zealand and the world through previous emergencies in her relatively short tenure as PM, including the Christchurch terrorist attack and the volcanic eruption, all while publicly juggling the responsibilities of being a new parent.

 [Read More](#)

UPCOMING EVENT



Reschedule: International Women's Day Lunch 2020

Please join us for TWF's International Women's Day Lunch on **June 11, 2020**, at the Conrad Hong Kong, sponsored by Swire Group and Swire Properties, as we reaffirm our commitment to build a gender-balanced world.

This year's theme will focus on **Designing Equality**, featuring our panel of inspiring female voices, including; Marisa Yiu | DESIGN TRUST and Natasha Usher | nude design, moderated by Eric Schuldenfrei | HKU. The panel will explore the interaction of gender and design in private, public and commercial spaces and discuss challenges and celebrate achievements of women in the Hong Kong design world.

International Women's Day may officially be coming to an end, but its spirit can continue all year.

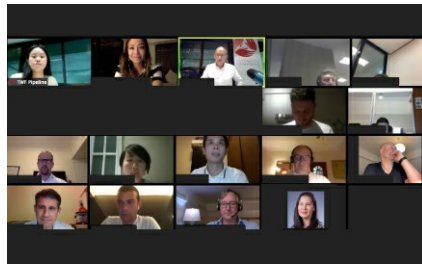
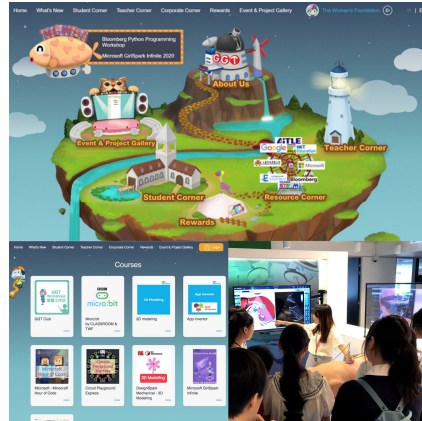
Early Bird pricing is available until Friday, March 27, 2020! For table/corporate sponsorship opportunities, please directly contact Virginia.Li@twfhk.org. Individual tickets can be purchased [here](#).

TWF PROGRAMME UPDATES

School Invitation to Join GGT Programme

To promote more girls' interest in STEM, Girls Go Tech Programme 2020 is now open to secondary schools that are serving some students from deprived backgrounds. Participants can expand their coding skills and knowledge through self-learning online courses on the Programme's [online platform](#) and in-person, technology focused learning activities. Through these experiences, participants gain an understanding of the myriad ways STEM is used in business and the community.

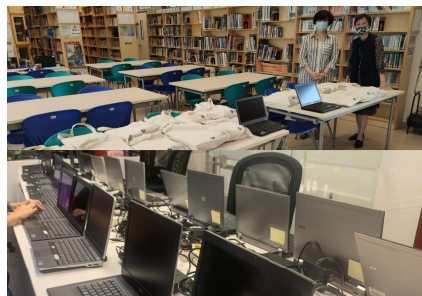
For schools who are interested in joining the Programme, please contact Carmen Cheung at 2592-4306 or community@twfhk.org for more details.



Male Allies Parenthood: Bridging Company Policy and Reality

On Monday evening, we hosted our first virtual all Male Allies event on the topic of parenthood. We were delighted to have Ronald Wong from Talking Talent lead the session, discussing latest research on the pressures that working parents experience, how life meets work and how Male Allies can also play a role in making workplaces more supportive of parents. Thank you to Ronald and everyone who attended!

IN THE SPOTLIGHT



Technology for Good

To facilitate students' ability to participate in real time virtual classes amid school suspensions, we lent 20 laptops to GGT's school partner Kit Sam Lam Bing Yim Secondary School to support their underprivileged students. The school principal and their students were very appreciative. Thank you to BAML for donating these laptops to TWF!

SUPPORT TWF!

Shop with SENREVE to Support TWF

TWF is pleased to partner with female-founded luxury handbag brand SENREVE's Women's Month campaign. Shop online anytime in the month of March using code **TWF2020** to receive a complimentary Card Wallet gift with purchase – and 8% of the sales will be donated to TWF's programmes and initiatives to support women and girls in HK! Their bags are available for sale online via www.senreve.com



TWF CARE PACK – HELPING YOU NAVIGATE COVID-19

We hope to update this pack with new suggestions each week! If you have any recommendations, please send them to Jenny.Bate@twfhk.org

• **Prevention**

[保持社交距離如何保護職場免受新型冠狀病毒威脅](#) (Human Resources Online)
[Your coronavirus coping kit](#) (The Lily)

• **Mental Health & Well-being**

[「心靈防疫系列」網上專題講座](#) (HKUSPACE)
[Care for your coronavirus anxiety](#) (Shine)
[Feeling overwhelmed? How art can help in an emergency](#) (Guardian)
[Why taking care of your own well-being helps others](#) (Greater Good Magazine)

• **Work from Home & Home Schooling Tips**

[在家工作 如何跟同事維持有效溝通?](#) (HKET)
[You don't have to strive for perfection when homeschooling your kids](#) (Today)
[Covid-19 Homeschooling](#) (Family App)
[How to work from home with kids around](#) (Poynter)
[Tips for Handling Work and Kids During Covid-19](#) (Live Science)
[Got kids? Try these 11 quick tips for working from home while they're with you](#) (Fast Company)

• **Meditation & Mindfulness**

[Why Leaders Need Meditation Now More Than Ever](#) (HBR)
[What COVID-19 Can Teach Us About Mindfulness](#) (Psychology Today)
[Pixar's Pete Docter on How to Clear Your Head](#) (Greater Good Science Centre)

• **Physical Activity & Health**

[個人簡單家居活力操](#) (EDUHK)
[How to Avoid Eating All Day While Coronavirus Keeps Us Working From Home](#) (WSJ)
[P.E. with Joe: Physical Education Lessons for Young People](#) (Youtube)
[Yoga with Adriene](#) (including yoga for stress)

• **Activities**

[Six biographies about women to read while you're at home](#) (The Lily)
[Encyclopedia Womannica Daily Podcasts](#) (Wonder Media Network)
[7 Social distancing friendly activities](#) (Green Queen)
[The Berliner Philharmoniker's Digital Concert Hall](#)

In case you missed last week's selection of articles, please click [here](#).

IN THE COMMUNITY



The poster for WikiGap 2020 in Hong Kong features the text 'WIKI G A P' in large letters, with 'let's close the internet gender gap' below it. To the right, it includes the Consulate General of Sweden in Hong Kong logo, a QR code, and details about the event: 'WikiGap 2020 in Hong Kong', 'Join the QR Code for more information and to join our', 'Topic: Wikipedia Challenge Writing Workshop: Let's write a gap in Gender!', 'Date: 12 March', 'Time: 10:30 - 14:30 (HK Time)', 'Activity 1: Facebook Live Session', 'This is a public writing workshop to create and improve articles to increase Wikipedia's coverage of women and related topics. It will be held on Facebook Live. The workshop is free of charge. It will be held in the Mainland's Mainland.', 'Date: 8 March - 8 April', 'Activity 2: WikiGap Challenge 2020'.

Join #WikiGap for Gender Equality

The Consulate General of Sweden in Hong Kong invites you to participate in this year's #WikiGap event. #WikiGap is a worldwide event in which people around the world gather to add more content to Wikipedia about women in various fields.

[More details here](#)

OPENING AT TWF

Programme Officer Opening

TWF is seeking a full-time Programme Officer to support our exciting range of programmes for advancing women leaders including TWF's signature Mentoring Programme, 30% Club/Women in Leadership related initiatives. The position would join our dynamic Pipeline Initiatives team and suit a recent graduate who is energetic, personable, communicative, highly organised and passionate about women's and gender issues. Applications should be received by March 27, 2020 (Early Application is encouraged).

[Apply Now!](#)

WHAT WE'RE READING

Gender Equality

- [What Museums Are Doing to Collect More Work by Women Artists](#) (Artsy)
- [The Coronavirus is a disaster for feminism](#) (The Atlantic)
- [Where Women Are Ahead of Men: Hand Washing](#) (NYT)
- [Netflix's 'Self Made' tells of first female millionaire](#) (AP news)
- [Day-care workers and nannies often live pay check to pay check. What happens to them now?](#) (The Lily)
- [There can be no human rights without gender equality](#) (WEF)
- [Listen to Dame Helena Morrissey, Founder of The 30% Club](#) (BBC Desert Islands Discs)
- [Women seize chances to rise in male-dominated risk management](#) (FT)
- [New UK Health Policy Enables Remote Access To Abortion Amid Coronavirus Pandemic](#) (Bustle)

Sexual Violence & Harassment

- [韓國「N號房事件」：層出不窮的性犯罪，27萬名觀看者都是加害人](#) (The News Lens)
- [Outrage in South Korea over Telegram sexual abuse ring blackmailing women and girls](#)

(Guardian)

- [Remote working amid coronavirus outbreak gives abusers new ways to target people online](#) (Reuters)

- [For some people, social distancing means being trapped indoors with an abuser](#) (Guardian)

- [Patriarchy and power: how socialisation underpins abusive behaviour](#) (Guardian)

Masculinity

- [Toxic Masculinity Oppresses Men in the Workplace, Too](#) (Forge)

- [Around the World, Universities Are Speaking Up on Manning Up](#) (University Times)

- [Toxic masculinity: his and her perspective](#) (Alestle)

9A Chun Wo Commercial Centre, 23-29 Wing Wo Street, Sheung Wan

 info@twfhk.org  twfhk.org  25928265

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